

Kathleen (Kay) Esther Evans (1901- 1993)

Kay was born in April 1901 in Hampstead. She entered Bergman Österberg Physical Training College (BÖPTC) in 1920 and was one of the first students to undertake a three year course. Her first teaching post was at Roedean but six years later she was appointed to the staff at BÖPTC where she was known by the students as being a perfectionist. At this stage her name appeared on the UK Physiotherapy and Masseuse Register

In 1935 Kay moved to Bolton, South Lancashire where she ran a Keep Fit programme for mill girls and the unemployed. Four years later she joined the Central Council of Recreative Physical Training and was regional representative for the North West. After WWII she became the women's Senior Technical Advisor of the CCPR and was also the Sports Council Technical Advisor. Kay worked hard to ensure that women took their rightful place alongside the men.

Kay retired from the CCPR in 1965 and joined the Disabled Living Foundation as a volunteer. She became Project Officer for the Physical Recreation and Sport for physically disabled and mentally handicapped people of all ages. Kay was awarded an MBE in recognition of her outstanding contribution to sport and the community.

Kay retired from that role, aged eighty four, and became very involved as a volunteer with the Museum of Garden History run by the Tradescant Trust, based at the former St Mary's Church, Lambeth.

Kay died in Westminster in 1993.

Additional information. Bergman Österberg Union. *A tribute to Kathleen Ester Evans (Kay) 1901-1993*. Margaret Chamberlain 1993.