

Winifred O. Legg (1893-1974)

Winifred was a pupil at Highbury High School before she entered Madame's college in 1911. Her first teaching post was at Berkhamsted High School where she joined her college Senior, Florence Jaeger, in the Games Department. Winifred taught games, gymnastics and conducted remedial gymnastics classes.

Winifred remained at the school until 1916 when she undertook a course at Swanley Horticultural College and then later during WW1, taught at Baliol School in Sedbergh.

Winifred was a member of the Southern Ladies lacrosse team and was selected to play lacrosse for England in 1913 and in a charity match for England in 1917. In 1921 she was included in the international team again when international fixtures recommenced. Winifred was selected again in 1922.

In 1924 she published a book called *Lacrosse for Beginners*. This was the only instructional book about women's lacrosse prior to the launch of Margaret Boyd's book, *Lacrosse Playing and Coaching*, in 1959.

In 1927 Winifred was elected a member of the Ling Council and, in 1928, was appointed to the staff of Chelsea College of Physical Training, where she remained until 1942. She taught generations of students and was a well-known international hockey and lacrosse umpire.