

Winifred Sowter Clarke (1889-1977)

Winifred was born in Gravesend. She completed her training at Bergman Österberg Physical Training College in 1910 and taught at the Grey Coat Hospital School for Girls in Westminster, before being appointed to the staff at Homerton College, Cambridge. During 1918/1919 she joined her older sister, E.R. Clarke (1906), as a lecturer at Bergman Österberg Physical Training College.

During that year she attempted to further the objective of a degree course in physical education, an aim she pursued all her life and lived to see accomplished.

Winifred worked tirelessly to improve the standard and status of generations of those who chose to make physical education their career.

She travelled extensively in Europe and also visited America, Canada, South Africa, Russia and Rhodesia in her mission to acquire knowledge which could advance the position of teachers of physical education.

She led the development of a successful department of health and education at Manchester University. She was the first Chairman of the Women's Inter-Varsity Athletics Board with which she was closely associated until her death.

She spent two years re organising the P.E.A Library and after her retirement edited the Bergman Österberg Union Magazine.