

## **Sally Dewhurst Hands**

Sally lectured at Dartford College of Physical Education from 1965 to 1972, following positions as Head of Department in schools in Sussex and London. She became a Senior Lecturer responsible for Netball, Tennis and Athletics and also taught Gymnastics and Swimming. The College Netball teams were permanently established as National College Champions during her tenure.

A gifted performer, she gained a Distinction in every sport she presented in her final examinations at Lady Mabel College of Physical Education, a feat never achieved before or repeated.

As a player, Sally selected Netball as the sport she would take to the highest level. She Captained and coached Kent, leading them to Inter-County Champions. She played, coached and selected for England and was a Panel Coach and Umpire. Sally was also part of the team that represented England in the World Tournament in the West Indies in 1970.

As well as Netball, Sally represented her County in Tennis and Lacrosse. She was dubbed “the George Best of Netball” by a Sheffield newspaper.

Sally was Nationally and Internationally known as an educator in PE and Sport. She devised and fronted Gymnastics courses in England and Canada. As a Senior WAAA Coach, she started the course at Loughborough Summer School and also ran Netball courses at Crystal Palace and Lilleshall. Sally was also a very successful Tennis and Swimming coach.

### ***Publications:***

*Netball: A tactical Approach 1974.*

*Regular magazine articles on Netball.*